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## Discovering Life #7: Step Together and Persevere

**Feb 14 & 15, 2026**

Luke 9:28-36

**Opener:** When you're exhausted—physically, emotionally, or spiritually—what's your first instinct? Do you tend to push harder and do more, or do you seek rest? Why do you think that is?

**Go Deeper:** (Exploring the Bible)

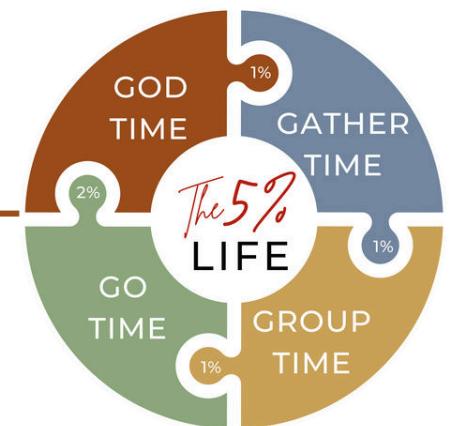
1. **Read Luke 9:28-32.** The disciples were "heavy with sleep" during the transfiguration. What does it tell us about grace that God revealed His glory to them even in their weakness?
2. **Read Luke 9:31.** Moses and Elijah discuss Jesus' "exodus" in Jerusalem. Why is it significant that they're talking about His death and resurrection rather than His miracles?
3. **Read Luke 9:33.** Peter wants to build three tents. Why do you think his instinct was to build something? When do you find yourself trying to "build" instead of simply receive?
4. **Read Luke 9:35-36.** God says, "Listen to him!" and Moses and Elijah disappear, leaving only Jesus. What does this teach us about where to look for salvation?
5. **Read Luke 9:37-43.** After the mountain glory, they face a valley crisis. How does seeing Jesus' glory equip them to handle valley moments in their own lives?

## Live it: (Applying to Our Lives)

1. Where in your life are you feeling weak or inadequate right now? How might God want to meet you in that weakness?
2. What "tents" are you trying to build in your spiritual life to earn God's approval? (Examples: perfect prayer habits, service commitments, giving goals)
3. Think about one area where you're serving or obeying. Are you doing it to earn God's approval or as a response to grace already received?
4. What is Jesus saying to you that you've been replacing with religious activity? (Examples: rest, forgive, trust)
5. In what area are you demanding a plan from God when He's asking you to simply trust Him? What would it look like to trust instead of demand answers?



**GOD TIME:**



### Daily Bible Readings (Feb 15 - Feb 21)

Sun: Luke 9:28-36 – The Transfiguration

Mon: Romans 5:6-8 – While We Were Still Weak

Tues: Galatians 2:20 – I No Longer Live, But Christ Lives in Me

Wed: Ephesians 2:8-10 – Saved by Grace, Not Works

Thurs: John 19:28-30 – It Is Finished

Fri: Hebrews 4:9-11 – Enter God's Rest

Sat: Isaiah 40:28-31 – Strength in Waiting on the Lord