



The Recipe of a Godly Life: Self-Control

June 13 & 14, 2026

Matthew 4:1-11; Romans 8:5-11

Opener:

Name one New Year's Resolution that you have kept.

Go Deeper: *(Exploring the Bible)*

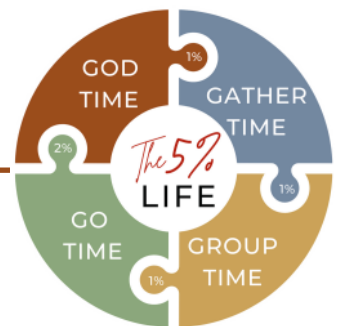
1. In Matthew 4:1-11, what does each temptation seem to offer Jesus, and what would each temptation require Him to stop trusting?
 2. Why do you think Jesus answers every temptation with Scripture instead of arguing with the devil in some other way?
 3. Romans 8:5-11 contrasts the mind set on the flesh with the mind set on the Spirit. What does that contrast teach us about where self-control begins?
 4. Read Titus 2:11-12. What does it mean that grace teaches us to say no to ungodliness and worldly passions?
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Live It: *(Applying to Daily Life)*

1. What is one temptation in your life that often begins quietly before it becomes visible?
2. When you are tempted, what false promise do you most often hear: comfort, control, approval, escape, power, or something else?
3. Which passage from this sermon speaks most directly to you right now: Matthew 4, Romans 8, 2 Timothy 1:7, Galatians 5:22–23, or Titus 2:11–12?
4. Who is one trusted Christian person who can pray with you, encourage you, or help you walk in the light?



GOD TIME:



Daily Bible Readings (June 14-20)

Sun:	Matthew 4:1–11	Jesus Stands Firm
Mon:	Romans 8:5–11	Spirit-Governed Mind
Tues:	2 Timothy 1:6–14	Power and Discipline
Wed:	Galatians 5:16–25	Fruit of Spirit
Thurs:	Titus 2:11–14	Grace Teaches
Fri:	1 Corinthians 10:12–13	God Provides Escape
Sat:	Hebrews 4:14–16	Mercy in Weakness