



Joy That Holds: Living with the Heart of Jesus

August 1 & 2, 2026

Philippians 2:5-11

Opener: What is one small act of kindness someone has shown you recently?

Go Deeper: *(Exploring the Bible)*

1. Read Philippians 2:1-4. How does Paul connect unity with humility and concern for others?
 2. In Philippians 2:5–8, which words show that Jesus willingly chose the path of humility and obedience?
 3. What does it mean that Jesus “emptied himself”? What does the passage say He took upon Himself?
 4. How do verses 9–11 complete the story of Jesus’ humiliation, death, resurrection, and exaltation?
-

Live It: *(Applying to Daily Life)*

1. What excuse most often keeps you from taking the next step Jesus places before you?
2. Who might God be inviting you to notice, contact, encourage, or serve this week?
3. Where could you willingly take the lower place rather than seeking recognition or control?
4. How does receiving Christ's forgiveness in Holy Communion strengthen you to forgive and serve others?



GOD TIME:

Daily Bible Readings (August 2-8)

Sun:	Philippians 2:5–11	Mind of Christ
Mon:	Philippians 1:27–2:4	One in Love
Tues:	Mark 10:42–45	Servant King
Wed:	John 13:1–17	Towel and Basin
Thurs:	Luke 10:25–37	See Your Neighbor
Fri:	Galatians 5:13–14	Free to Serve
Sat:	1 Corinthians 15:20–28	Christ Reigns

