



Joy That Holds: A Life Worth Living
August 22 & 23, 2026
Philippians 3:1-11

Opener: What race, sport, or activity did you enjoy when you were younger?

Go Deeper: *(Exploring the Bible)*

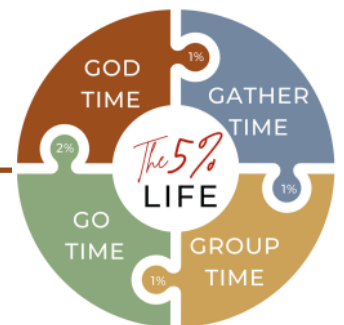
1. Why is Paul's admission that he has "not yet arrived" a sign of Christian maturity rather than weak faith?
 2. What does Paul mean by "forgetting what is behind"? What does he not mean?
 3. Why is the order important in Paul's words, "Christ Jesus took hold of me"?
 4. How does Paul's call to "press on" fit with the biblical teaching that we are saved by grace rather than our works?
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Live It: *(Applying to Daily Life)*

1. Where do you need to be more honest with Jesus about how you are really doing?
2. What regret, fear, disappointment, or past success may be keeping you from moving forward?
3. What would "pressing on" look like for you this week?
4. Who could help you keep going—or who might need your encouragement right now?



GOD TIME:



Daily Bible Readings (August 23-29)

Sun:	Philippians 3:12–16; 4:1	Press Toward the Goal
Mon:	Hebrews 12:1–3	Fix Your Eyes
Tues:	Acts 9:1–19	Christ Takes Hold
Wed:	Psalms 32:1–7	Forgiven and Free
Thurs:	Isaiah 43:16–19	Leave the Past
Fri:	Romans 8:31–39	Nothing Lets Go
Sat:	2 Timothy 4:6–8	Finish the Race