



Joy That Holds: Peace & Strength No Matter What
August 29 & 30, 2026
Philippians 4:4-13

Opener: "Godliness with contentment is great gain."
What are your thoughts on that statement? Read 1 Timothy 6:6-12.

Go Deeper: *(Exploring the Bible)*

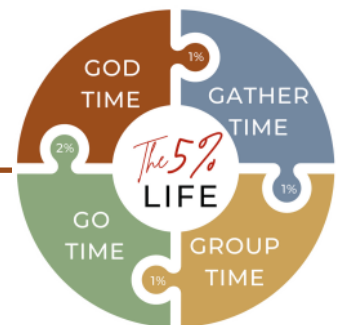
1. Was Paul feeling like a "real prisoner" when he writes this last chapter?"
 2. What's seems to be one of the most powerful words used throughout this letter?
 3. In chapter 4:6, what items do you think alleviates stress and anxiety the most?
 4. List the 8 items in verse 8 that a person is supposed to think about the most.
 5. What is the secret of being content?
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Live It: *(Applying to Daily Life)*

1. What do you struggle with the most? Health, money, family?
2. How much "peace" do have in your life? How much do you pray about it?
3. Check Matthew 6, and think about how much you worry. Jesus urges you to put worry in the proper perspective. He compares it to 2 things. What are they?
4. What does Jesus conclude should be the first thing a Christian "seeks"?



GOD TIME:



Daily Bible Readings (August 30-September 5)

Sun:	Philippians 2:12-18	Review the Stars
Mon:	Philippians 1:21-23	To Live is Christ
Tues:	Matthew 6:33-34	God's Kingdom & Righteousness
Wed:	Matthew 6:28-32	Don't Worry About Clothes
Thurs:	Matthew 6:25-27	Don't Worry About What You Eat
Fri:	Philippians 4:8-9	Think On Such Things
Sat:	Philippians 4:12	Need & Plenty